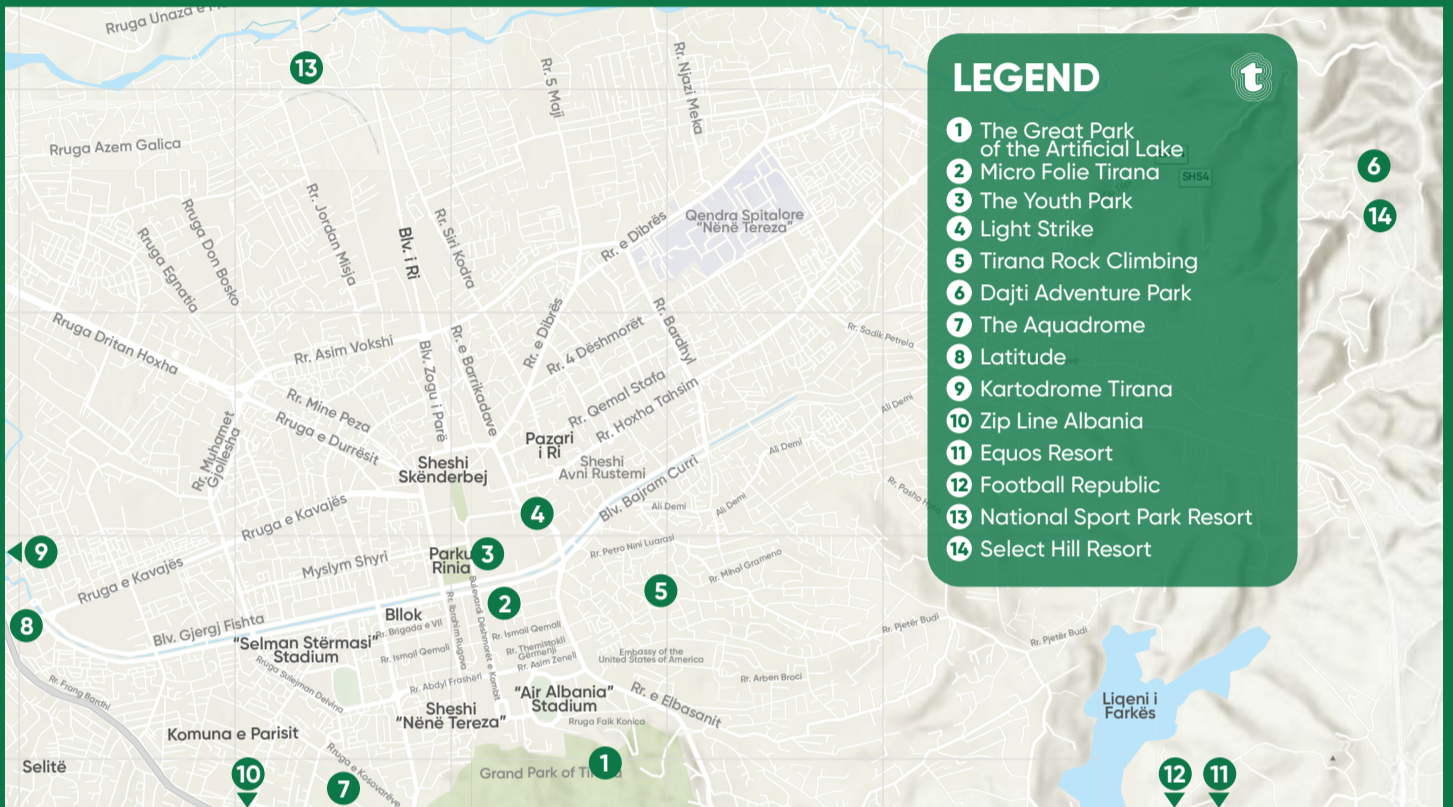


# Entertainment & Recreation Itinerary



## 1 The Great Park of the Artificial Lake



This Park consists of the largest vegetation area of the Tirana city. From the functional point of view, the park meets the needs of the population of all ages for relaxation and entertainment, free movement and jogging purposes up to a certain point. The Great Park is composed of a hilly massif with slight slopes. The southern part forms the water front of the Artificial Lake. The expansion of the lake creates rather beautiful bays and small peninsulas.

There is a dedicated 2-lane bike path for the independent crossing of the bike lovers. The whole lane measures 5.84 km and the bike path is located on the less populated areas of the lake.

The new running and pedaling provide the Great Park with more opportunities for all those who wish to play sports or are passionate about bikes. The sports' fields where volleyball, basketball, tennis or ping pong games may be organized with friends present another entertainment opportunity for the residents of the capital city. There are also 3 open gyms and a playground for children in this park.

**Web:** [www.aprtirana.al](http://www.aprtirana.al)

## 2 Micro Folie Tirana

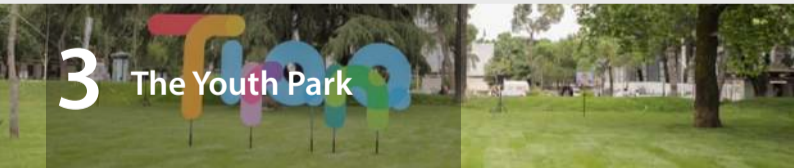


Are You ready for a little bit of madness? The first Micro Folie in Albania is just right back of the prime minister's office, at the garden.

If You are young, child or adult, there is a place where You can play with each other through intelligent games, which encourage to be creative, through art and technology. Usually, from Tuesday to Friday, we welcome classes from schools and during the weekend, is an open space for the whole family. "Micro Folie" is created by Park de la Villette in France and is traveling in 200 different places. You can be part of Digital Museum and Virtual Reality (VR) where You can see the best paintings from Museum de Louvre, Picasso's artworks, etc. And remember, all of this: For free. No buying ticket needed.

You to reserve for Your visit at: Micro Folie Tirana on Instagram; <https://www.facebook.com/Micro-Folie-Tirana-100699902495123/>; **Web:** [www.microfolietirana.com](http://www.microfolietirana.com);

## 3 The Youth Park



The Youth Park is the main central public park of the capital city that was designed in 1931 and was built in 1949 with a general area of 29.81 hectares. Today the park has been completely transformed in a recreational and entertainment area to suit all age groups, with playgrounds for the little ones, space for the elderly and park enthusiasts.

With its green spaces and a different relief on certain parts the park serves not only as an acoustic wall but it also promotes physical activities for children. Apart from a special area dedicated to the animal lovers there are also mini-squares that have been designed to suit the needs of children and the elderly. <https://aprtirana.al/parqe-rekreative/parku-rinia/>

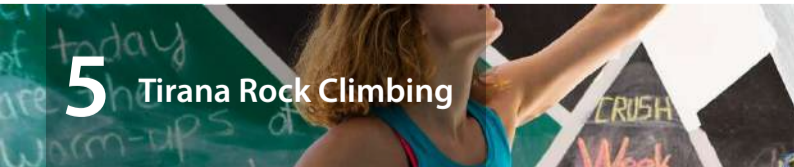
## 4 Light Strike



Rock Tirana is a mountaineering gym where mountaineers have the opportunity to form relations with other mountaineers, challenge the limits of their bodies as well as learn more about the sport and themselves. The objective is to expose Albanian mountaineers towards a new way of thinking, living and responding to both life and climbing challenges.

**Address:** Ali Visha Street, Building No.18, Tirana  
**Contact:** +355 68 269 7564 / [rocktiranyagym@gmail.com](mailto:rocktiranyagym@gmail.com);

## 5 Tirana Rock Climbing



Light Strike is a kind of a real time war sports game. The objective of the game is to overcome the opponent at specific points using an infra-red technology. It is absolutely safe and does not cause any pain at all. Anyone can play Light Strike as there is no need for specific training. Light Strike game may be played at Toptani Shopping Center and there is an area of 300 m<sup>2</sup> dedicated to it.

This is the newest indoor game and you can play it on the 6th Floor of the Shopping Centre.

**Address:** Abdi Toptani Street, Tirana

**Contact:** +355 4 454 0922

**Web:** [www.facebook.com/pages/category/Video-Game-Store-Light-Strike-279808509091029/](https://www.facebook.com/pages/category/Video-Game-Store-Light-Strike-279808509091029/)



## 6 Dajti Adventure Park

Dajti Adventure Park is located within Dajti National Park, 10 minutes away from the upper station of the cable car, Dajti Express. It is surrounded by a forest with a variety of flowers and trees. This is just the perfect spot for a day out.

There are different courses provided for adults and children (5 years and above). These courses vary from the easiest ones to the most difficult ones and each course contains different challenges with nets, ropes and zip-lines. Adult courses reach 10 m in height by making this experience a unique one for even the most adventurous visitors.

**Contact:** +355 67 208 447 / **E-mail:** [1info@dajtiexpres.com](mailto:1info@dajtiexpres.com);  
**Web:** [www.dajtiadventurepark.com](http://www.dajtiadventurepark.com)  
<https://www.facebook.com/DajtiAdventurePark/>

## 7 The Aquadrome

The Aquadrome Complex Tirana located in one of the most beautiful and visited sights on the west side of Tirana, adjacent to the Artificial Lake is surrounded by a hilly vegetation and is no further than 2 km from the centre of the metropole city. There is a large green area of 40.000m<sup>2</sup> with 6 swimming pools, 4 restaurants, 3 bars, 5 football fields as well as games for children that have been built in perfect harmony with the nature itself.

**Address:** Anton Ashta Street, near the Artificial Lake (For the football fields, please contact the following number: 0682087469)  
**Contact:** +355 4 246 5512  
**Facebook Account:** [aquadromtirana](https://www.facebook.com/aquadromtirana)

## 8 Latitude

Latitude is an internal air park furnished with springboards, a climbing area and aerial games to add more adventures and adrenaline to your activities during the free time.

There is a dodgeball area, a basketball area, a free jump springboard, a dedicated area for the throwing enthusiasts, a ninja network for the park's fans, the climbing lanes as well as aerial games that will make you fly. Special attention has been paid to the toddlers with a dedicated playground for them.

To book your session, please check online.

**Address:** Unaza Re Overpass, Tirana **Contact:** +355 4 453 0330 / [EnquiriesTirana@latitudeair.al](mailto:EnquiriesTirana@latitudeair.al) **Web:** [latitudeair.al](http://latitudeair.al) [www.facebook.com/latitudetirana](https://www.facebook.com/latitudetirana)



## 9 Kartodrom Tirana

Emotion and adrenaline with Go-Karting. Kartodrom Tirana opened in 2011 and has now turned into the main Go Cart Lane for the area. It provides the enjoyment of Go Cart car racing. Please book your session beforehand.

**Address:** Albatrans Road, Kombinat, Vaqarr, Tirana  
**Contact:** 068 403 2373 / [e mail:kartodrom.al@hotmail.com](mailto:kartodrom.al@hotmail.com);  
**Facebook Account:** [kartodrom.al](https://www.facebook.com/kartodrom.al)

## 10 Zip Line Albania

Zip line Albania is located in the area of Petrela and it's the first zip line in Albania.

Zip line offers a unique experience, adrenaline, amazing flight and view. It's the largest in the region, 1250m long. Unique combination of panorama: Petrela castle, magnificent greenery and flight over Erzen river.

Zip line Albania is a destination for the whole family, starting from the age of 10 and without an upper limit.

**Address:** Petrela, Tirana  
**Contact:** +35567400 4444; **E-mail:** [zipline.albania@gmail.com](mailto:zipline.albania@gmail.com)  
**Facebook Account:** [ZiplineAlbania](https://www.facebook.com/ZiplineAlbania)

## 11 Equos Resort Albania

The largest Water Park in the Balkans.

The Exclusive Horse Club, the Riding School, the restaurant, hotel and space to organize events are all located within this resort.

**Address:** Mullet, Tirana  
**Contact:** +355 68 600 0086  
**E-mail:** [equosresort@gmail.com](mailto:equosresort@gmail.com)  
**Web:** [www.facebook.com/EQUOS.RESORT/about/?ref=page\\_internal](https://www.facebook.com/EQUOS.RESORT/about/?ref=page_internal)

## 12 Football Republic

The Football Academy Calcetto Infinity Pool - Summer Pool Club House - Traditional and Grill Restaurant.

There are three new fields in the outskirts of Tirana that serve to train children and young people from 5-19 years of age.

**Address:** Barbas, TR-EL Motorway, Exit in Mullet, follow the signs for Football Republic  
**Contact:** +355 692020411 / 0692840001  
**Email:** [footballrepublicalbania@gmail.com](mailto:footballrepublicalbania@gmail.com);  
**Facebook:** [footballrepublic](https://www.facebook.com/footballrepublic)

## 13 National Sport Park Resort

The National Sport Park Resort is located around 3 km away from the centre of Tirana, at the end of Siri Kodra Street. The resort covers an area of 30.000m<sup>2</sup>.

Apart from the bar-restaurants, pica places and an accomodation facility of 16 rooms, the park also has sports fields, such as, 6 tennis fields, 1 multi-sport field (tennis, basketball, volleyball), 1 football field, 2 beach volleyball pools and 2 swimming pools, with one being a family pool and the other a public one.

The Park has been certified by the World Tennis Federation as a national tennis centre for our country. The main annual national sport events, such as, the National Tennis Championship for Men/Women or a variety of other tours according to the annual tennis schedule take place here. The Albanian Tennis Federation is also located here.

**Address:** Siri Kodra Street, Tirana  
**Contact:** +355 682095590  
**E-mail:** [info@nationalsportpark.al](mailto:info@nationalsportpark.al);  
[www.facebook.com/nationalsportpark.al/](https://www.facebook.com/nationalsportpark.al/)

## 14 Select Hill Resort

The perfect time and space to enjoy a mountain morning or a long sleep. Swim or enjoy the spa.

**Address:** Rruga Nazionale Tirana-Dajt Km 4  
**Contact:** +355 68 661 1111  
**Email:** [selecthill@gmail.com](mailto:selecthill@gmail.com)  
**Web:** [www.selecthill.com](http://www.selecthill.com)

